



American Muslim Senior Society (AMSS)

Diversity and Partnership in Action Supporting Caregivers and Empowering Older Adults

Halal Meals On Wheels

Ambassadors Volunteer Responsibilities

AMSS Ambassadors play many roles, including:

- a. Serve as AMSS links to Underserved, Diverse Older Members and Caregivers:
- b. Identify their needs and in coordination with AMSS, serve as the conduit of the county's health and long-term care information/services /resources.
- c. Provide Needed Services to their Respective Isolated Older Members and Caregivers:
Offer transportation services; friendly visiting; friendly phone calls; deliver meals; assist with handy work around the house, or backyard and offer to fill out forms.
- d. Promote the county's available resources and special health-related educational/training events, to the community as a whole: Disseminate flyers throughout their community centers; advertise county's events in their centers' weekly newsletters.
- e. Play a leading role in AMSS Projects and Events.
Participate in the initiation, development, and implementation of all AMSS projects and events.



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Opportunities for Volunteering:

You may choose one of the following.

(Due to COVID-19, most of the services will be virtual, except for transportation and meal delivery and connections with social service agencies).

Transportation Services:

- Medical Appointment
- Shopping
- Social Activities (Pending)
- Others

In-Home Visits (Pending)

- Visits
- Meal Preparation
- Halal Meals on Wheels visit
- Paperwork (pay bills, fill out forms) by phone
- Minor repairs (change light bulbs, etc.)
- Help with hobbies/gardening
- Assist in Heavy Lifting
- Others

Friendly calls:

- Check-ins
- Reminder calls